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Communications 12

JANUARY 2002

Course Code = COM

Student Instructions

1. Place the stickers with your Personal Education Number (PEN) in the allotted spaces above. **Under no circumstance is your name or identification, other than your Personal Education Number, to appear on this booklet.**
2. Ensure that in addition to this examination booklet, you have a **Readings Booklet** and an **Examination Response Form**. Follow the directions on the front of the Response Form.
3. **Disqualification** from the examination will result if you bring books, paper, notes or unauthorized electronic devices into the examination room.
4. When instructed to open this booklet, **check the numbering of the pages** to ensure that they are numbered in sequence from page one to the last page, which is identified by
END OF EXAMINATION.
5. At the end of the examination, place your Response Form inside the front cover of this booklet and return the booklet and your Response Form to the supervisor.

Question 1:
1. .
(3)

Question 9:
9. .
(2)

Question 2:
2. .
(3)

Question 10:
10. .
(1)

Question 3:
3. .
(3)

Question 11:
11. .
(2)

Question 4:
4. .
(2)

Question 12:
12. .
(1)

Question 5:
5. .
(2)

Question 13:
13. .
(2)

Question 6:
6. .
(1)

Question 14:
14. .
(2)

Question 7:
7. .
(2)

Question 15:
15. .
(6)

Question 8:
8. .
(2)

Question 16:
16. .
(24)

COMMUNICATIONS 12

JANUARY 2002

COURSE CODE = COM

GENERAL INSTRUCTIONS

1. Electronic devices, including dictionaries and pagers, are **not** permitted in the examination room.
2. All multiple-choice answers must be entered on the Response Form using an **HB pencil**. Multiple-choice answers entered in this examination booklet will **not** be marked.
3. There is a number on the Response Form for each multiple-choice question in this examination booklet. When you answer each question, make sure that the number on the Response Form is the same as the number in this examination booklet.

For each of the written-response questions, write your answer in **ink** in the space provided in this booklet.

4. Adequate writing space has been provided for average-sized writing. Do not attempt to determine the length of your answers by the amount of writing space available.
5. Ensure that you use language and content appropriate to the purpose and audience of this examination. Failure to comply may result in your paper being awarded a zero.
6. This examination is designed to be completed in **two hours**. *Students may, however, take up to 30 minutes of additional time to finish.*

COMMUNICATIONS 12 PROVINCIAL EXAMINATION

| | Value | Suggested Time |
|--|-----------------|-----------------------|
| 1. This examination consists of six parts: | | |
| PART A: Language Skills | 19 | 15 |
| PART B: Reading: Non-Fiction | 11 | 15 |
| PART C: Reading: Fiction (Poetry) | 10 | 15 |
| PART D: Reading: Fiction (Prose) | 12 | 20 |
| PART E: Formats | 14 | 20 |
| PART F: Composition | 24 | 35 |
| | Total: | |
| | 90 marks | 120 minutes |
| 2. The Readings Booklet contains the prose, poetry and format passages you will need to answer certain questions on this examination. | | |

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PART A: LANGUAGE SKILLS

Value: 19 marks

Suggested Time: 15 minutes

INSTRUCTIONS: Read the passage below. In each case, select the answer which **best** completes each blank in the passage and record your choice on the Response Form provided. Using an HB pencil, completely fill in the circle that has the letter corresponding to your answer.

Letter-Writing Skills Pay Off

I hate admitting that I am wrong. I really hate admitting it to a teacher, especially to 1 teacher. She insisted that we learn to write a 2 letter. “Why 3 “Nobody in this day of technology still bothers to write letters. 4 faster and 5 ways to communicate. 6 just use e-mail.”

Last month 7 several weeks of trying unsuccessfully to resolve a problem with my car stereo, I wrote to the manufacturer’s head office. I swallowed my pride and asked my teacher to edit my letter before I mailed it.

I was certainly surprised when I received a reply less 8 weeks later. The company is going to replace my stereo 9 the warranty has run out. The company also sent me a coupon for a free CD. I must 10 a great letter. I suppose I will have to admit to my teacher that letter-writing skills serve a useful purpose after all.

1. A. an english
B. our english
C. are English
D. my English
2. A. correct buisness
B. correct business
C. real good business
D. really good buisness
3. A. , I asked her.
B. ,” I asked her?
C. ?” I asked her.
D. ? I asked her.”
4. A. Their is
B. There is
C. There are
D. Their are
5. A. more effective
B. more affective
C. most effective
D. most affective
6. A. My friends and I
B. Me and my friends
C. My friends and I, we
D. Me and my friends, we
7. A. , after
B. , since
C. ; however, after
D. , however, since
8. A. than too
B. then too
C. then two
D. than two
9. A. even, though
B. ; even though
C. , even though
D. . Even though
10. A. of wrote
B. of written
C. have wrote
D. have written

OVER

Organization and Planning

Written-response questions (9 marks)

INSTRUCTIONS: Combine the ideas contained in each group of short sentences below into **one** correctly structured sentence. You will be marked for the way you link the ideas together by using punctuation, by using connecting words and by changing the form of words, as necessary (tense, part of speech, etc.). Use standard English. Write in **ink**.

1. Ryan let out a whoop.
The whoop was of joy.
Snowflakes were falling.
The snowflakes were large and fluffy.

(3 marks)

2. The aerobics class lasted only an hour.
The time seemed to go on forever.
The woman's lungs screamed.
They screamed for air.

(3 marks)

3. My cat ran quickly.
The running was toward the cherry tree.
She was a streak of white fur.
A collie was chasing her.

(3 marks)

PART B: READING: NON-FICTION

Value: 11 marks

Suggested Time: 15 minutes

INSTRUCTIONS: Read **Love of Motorcycles Led to Museum of Motion** on pages 1 and 2 in the **Readings Booklet**. For each question, select the **best** answer and record your choice on the Response Form provided.

11. Trev Deeley envisioned his museum to be a place where people could appreciate motorcycles which are
- A. fast.
 - B. rare.
 - C. imported.
 - D. expensive.
12. Support for Trev Deeley's museum is made evident by its
- A. donated motorcycles.
 - B. successful repair shop.
 - C. high attendance figures.
 - D. support from manufacturers.
13. The Knucklehead is noteworthy because it
- A. used a side-valve engine.
 - B. set a speed record in 1936.
 - C. is Trev Deeley's least favourite.
 - D. was developed during World War II.
14. The Gushman motor scooter was built by
- A. Ariel.
 - B. Hesketh.
 - C. Harley-Davidson.
 - D. Johnson-Evinrude.
15. Many considered Deeley's decision to import Japanese motorcycles
- A. clever.
 - B. unwise.
 - C. necessary.
 - D. expensive.

16. New Harleys are designed for someone who values a motorcycle that
- A. is very large.
 - B. has modern styling.
 - C. can set speed records.
 - D. has old-fashioned technology.

Love of Motorcycles Led to Museum of Motion
(pages 1 and 2 in the **Readings Booklet**)
Written-response questions (5 marks)

INSTRUCTIONS: Answer questions 4 to 6. Complete sentences are **not** required. Write in **ink**.

4. a) Explain how the original choppers were produced. **(1 mark)**

- b) Explain how choppers are produced today. **(1 mark)**

5. a) How is the Indian motorcycle similar to the Harley-Davidson? **(1 mark)**

- b) How is the Indian motorcycle different from a Harley-Davidson? **(1 mark)**

6. In what way did Trev Deeley have more foresight than his father? **(1 mark)**

PART C: READING: FICTION (POETRY)

Value: 10 marks

Suggested Time: 15 minutes

INSTRUCTIONS: Read **The Good Woman** on page 3 in the **Readings Booklet**. For each question, select the **best** answer and record your choice on the Response Form provided.

17. In her youth, the woman was
- A. lazy.
 - B. artistic.
 - C. self-serving.
 - D. unattractive.
18. The narrator remembers the woman's
- A. cruelty.
 - B. laughter.
 - C. patience.
 - D. complaints.
19. The narrator used to think that the woman was
- A. ugly.
 - B. flighty.
 - C. changeless.
 - D. unremarkable.
20. The narrator suggests in lines 30–34 that the woman's actions were
- A. selfish.
 - B. sensible.
 - C. predictable.
 - D. unexpected.
21. When the woman bought her new car, she also
- A. dyed her hair red.
 - B. got a job as an artist.
 - C. left the family home forever.
 - D. no longer talked to the children.

22. By the end of the poem, the woman becomes

- A. enraged.
- B. hopeless.
- C. educated.
- D. independent.

The Good Woman

(page 3 in the **Readings Booklet**)

Written-response questions (4 marks)

INSTRUCTIONS: Answer questions 7 and 8. Complete sentences are **not** required. Write in **ink**.

7. Other than family-related tasks, name **two** tasks the woman did for her husband. **(2 marks)**

a) _____

b) _____

8. Give **two quotations** which suggest that, before her lifestyle change, the woman was unhappy in her selfless role as wife and mother. **(2 marks)**

a) _____

b) _____

PART D: READING: FICTION (PROSE)

Value: 12 marks

Suggested Time: 20 minutes

INSTRUCTIONS: Read **And on the Eighth Day...** on pages 4 to 6 in the **Readings Booklet**. For each question, select the **best** answer and record your choice on the Response Form provided.

23. Mama and Papa had no problems with their daughters because
- A. the girls stayed at home.
 - B. they both married young.
 - C. their daughters were still small children.
 - D. the parents could understand their daughters' lives.
24. When Tony calls Gerry, he wants her to
- A. invest in his co-op.
 - B. give him a place to stay.
 - C. buy his apartment from him.
 - D. attend their mother's funeral.
25. In paragraph 36, when Veronica calls Gerry the second time, she is
- A. angry.
 - B. happy.
 - C. worried.
 - D. amused.
26. After dinner with Tony in the Chinese restaurant, Gerry
- A. reads out his fortune.
 - B. tells him what he has to do.
 - C. teases Tony about his future.
 - D. steals Tony's fortune cookie.
27. After Prudence leaves on business, Tony rushes out and buys a
- A. tie.
 - B. suit.
 - C. sailboat.
 - D. building.

28. In the end, Veronica suggests that she believes in the power of
- A. true love.
 - B. matchmakers.
 - C. fortune cookies.
 - D. parental approval.

And on the Eighth Day...
(pages 4 to 6 in the **Readings Booklet**)
Written-response questions (6 marks)

INSTRUCTIONS: Answer questions 9 to 12. Complete sentences are **not** required. Write in **ink**.

9. In what **two** ways is Tony an unlikely match for Prudence? **(2 marks)**

a) _____

b) _____

10. **Quote** a statement made by Gerry which suggests criticism of her brother. **(1 mark)**

11. What are the **two** loves between which Tony has to choose? **(2 marks)**

a) _____

b) _____

12. Explain how the title of the story relates to Tony's life. **(1 mark)**

PART E: FORMATS

Value: 14 marks

Suggested Time: 20 minutes

INSTRUCTIONS: Read **Start Your Day the Balanced Way** on page 7 in the **Readings Booklet**. For each question, select the **best** answer and record your choice on the Response Form provided.

29. The ideal breakfast should contain
- A. milk, juice, toast and eggs.
 - B. two of the four food groups.
 - C. only one of the four food groups.
 - D. about twenty-five percent of your daily nutrition.
30. According to the article, healthy breakfast habits should be learned
- A. at school.
 - B. from peers.
 - C. in adult life.
 - D. by parental example.
31. The article states that eating soon after waking is necessary to
- A. aid food digestion.
 - B. improve concentration.
 - C. lower blood sugar levels.
 - D. set an example for children.
32. The beverage with the **least** caffeine content per 175 mL is
- A. hot cocoa.
 - B. strong tea.
 - C. regular coffee.
 - D. cola soft drink.

Start Your Day the Balanced Way
(page 7 in the **Readings Booklet**)
Written-response questions (4 marks)

INSTRUCTIONS: Answer questions 13 and 14. Complete sentences are **not** required. Write in **ink**.

13. With reference to the article,

a) state **one** reason why you may not feel like eating when you wake up. **(1 mark)**

b) state **one** thing you might do if you can't face food first thing in the morning. **(1 mark)**

14. According to Health Canada, under what **two** conditions might daily caffeine intake prove to be unhealthy? **(2 marks)**

a) _____

b) _____

Pre-writing

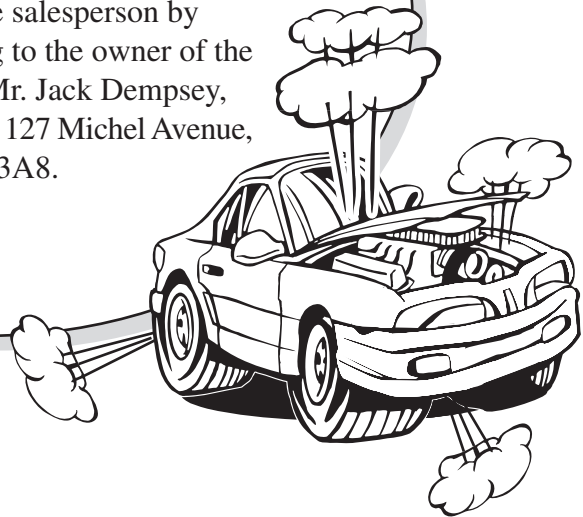
Written-response question (6 marks)

INSTRUCTIONS: Writing as the individual below and using the information provided, write a **business** letter of **more than one** paragraph. Use complete and correct sentences. Use the **Pre-writing** page to plan your work. Write your final letter in the space marked **Finished Work (Letter)**. Only your finished work will be marked. Write your letter in **ink**.

15. Assume your name is **Devon McLeod**. You live at 3214 Yew Street, Fort St. James, BC. Your postal code is V2C 1P0. Use the following situation to write your business letter. **(6 marks)**

SITUATION

You have recently purchased a car for which you paid cash. The car has become very unsatisfactory, leaking when it rains and stalling repeatedly. After unsuccessful attempts to contact the salesperson by phone, you are writing to the owner of the dealership. Write to Mr. Jack Dempsey, Dempsey's Used Cars, 127 Michel Avenue, Vanderhoof, BC, V2I 3A8.



**You may detach this page for convenient reference.
Exercise care when tearing along perforations.**

OVER

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PART F: COMPOSITION

Value: 24 marks

Suggested Time: 35 minutes

INSTRUCTIONS: Using standard English, write a multi-paragraph composition of 200–250 words based on **one** of the following prompts.

If you write on more than one prompt, only the **first** will be marked.

Use the **Checklist and Pre-writing** page to plan your work. Write your final composition in the space marked **Finished Work (Composition)**. Only your finished work will be marked. Write your composition in **ink**.

16. Choose **one** of the following prompts.

(24 marks)

PROMPT A

Describe a hope for the future that you have, and explain how it affects your life.

OR

PROMPT B

I saw the wallet sitting on the counter.

OVER

Checklist

BEFORE you write, remember to

- think of ideas on the topic
- support your ideas with examples
- organize your ideas into paragraphs.

AFTER you write, remember to

- reread your composition
 - check spelling
 - check punctuation
 - check word choice
 - check that the sentences are complete.
-

Pre-writing
(this will not be marked)

PART F: COMPOSITION

| | |
|--|----------|
| | SUBTOTAL |
| | |

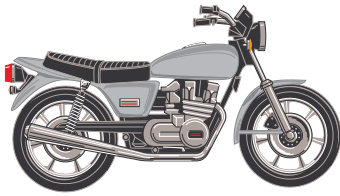
COMMUNICATIONS 12

READINGS BOOKLET

JANUARY 2002

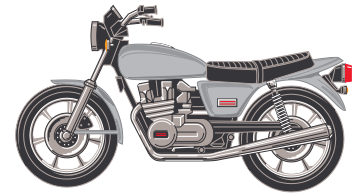
PART B: READING: NON-FICTION

INSTRUCTIONS: Read the following selection and answer the questions on pages 4 and 5 in the examination booklet.



Love of Motorcycles Led to Museum of Motion

by *David Farrell*
(adapted)



- 1 Motorcycles offer an adventure that no other vehicle can duplicate. The freedom of open-air riding and rumbling engines thrills anyone who has ridden on one of these machines.
- 2 Those who love motorcycles owe it to themselves to visit the Trev Deeley Motorcycle Museum in Richmond, BC. With more than 250 motorcycles of 54 different makes, this gallery is a biker's treasure.
- 3 Trevor Deeley had a vision for a motorcycle museum, a place where rare bikes could be appreciated. It all started when Deeley hid bikes in the basement of his father's cycle dealership. Fred Deeley decided to get rid of bikes that were unclaimed models, cutting them up and selling them for scrap. The younger Deeley was dismayed to see many fine motorcycles destroyed. He took the initiative to save them, knowing that someday these bikes would be valuable and worth keeping.
- 4 Starting with Harley-Davidson, Deeley added other makes to the collection. One by one, as older manufacturers went out of business, he would collect rare models and limited editions. Some were acquired directly from factories, while others were found stored in basements. Word got around and people started donating their motorcycles to the museum. However, not all bikes belong to the museum—about 15 per cent are on loan.
- 5 There are motorcycles of all kinds, ranging from a tiny 1948 Whizzer—a 100 cc motor added to a Schwinn bicycle—up to a huge Brough-Superior, once used by Lawrence of Arabia.
- 6 Terry Rea, longtime motorcycle enthusiast, showed me the museum and gave me a good introduction to its bikes and history. The historic timeline starts with a grey 1913 Harley-Davidson Model DG Single 600 cc. This motorized bike, along with later models, showed how motor-powered bicycles evolved into full-fledged motorcycles. In its early years, Harley-Davidson manufactured bicycles, and there is a 1919 model on display.
- 7 In 1936, Harley-Davidson introduced their “EL” model, which featured a new engine using overhead valve technology. Known as the “Knucklehead,” the engine was named for the round-shaped rocker boxes atop the cylinders. The engine produced nearly double the horsepower of the old side-valve 74 it replaced. The Knucklehead set a motorcycle speed record of 136 mph at Daytona Beach in 1936. This bike is Trev Deeley's all-time favourite.

OVER

- 8 It's fascinating to see Harleys in military olive drab. During the Second World War, more than 90 000 45 WLAs were produced for the allied forces. Based on the civilian model, the military version was stronger and just as reliable. After the war, Rea explained, some bikes were sold as military surplus, stripped of their parts and customized. These chopped bikes became known as "choppers."
- 9 Today, choppers are made by chopping standard machines apart and customizing them to match a cyclist's dream.
- 10 Set among the Harleys is the rare Indian motorcycle. Known for its full-skirted fenders, this bike had a classic design like Harley-Davidson but could not match it in power. When Indian ended production in 1953, Harley-Davidson's main competition would come from Britain, and later, Japan.
- 11 On the second floor, there are rare English bikes like Ariel, Hesketh and James. Joining them are Italian, German and American bikes. Gushman motor scooters, built from 1944 to 1965 by the Johnson-Evinrude Outboard Motor Company, are included. Japanese bikes have a substantial presence, with Honda, Kawasaki, Yamaha and Suzuki models dating back to the early '60s.
- 12 As a businessman, Trev Deeley saw the need to diversify in the late '50s. Against the advice of many around him, Deeley imported the first Japanese motorcycles to Canada. He was the first Honda distributor in the English-speaking world and the first Yamaha distributor in Canada. During the '60s, this would pay off when the smaller Japanese motorcycles became popular.
- 13 Harley-Davidson now produces four main classes of motorcycles which range from the Sportster to the Touring class, with the Softtail and Dyna-Glide series in between. Sizes for these bikes are big, bigger and biggest. In Harley-Davidson philosophy, size definitely matters. The company has updated its product line with modern technology while maintaining the traditional Harley styling.
- 14 The Sportster is Rea's favourite bike, and he likes just about every year and model of that series. "When you are riding a Harley-Davidson," Rea said, "you draw attention from everyone. It's something you have to experience for yourself—the mystique is just there."

PART C: READING: FICTION (POETRY)

INSTRUCTIONS: Read the following poem and answer the questions on pages 6 and 7 in the examination booklet.

The Good Woman

by Howard White

For fifty years at least work was all she knew.
She loved art at school but left it early
to look after her brother and sisters
tossing her girlhood away without a thought
5 dismissing her youthful beauty
for shut-away years in a farmhouse kitchen
then Dad took her away to more of the same
in cookhouses up the coast
doing the books at night
10 and raising us kids round the clock
but never a word of complaint did she utter
even when we broke her last piece of china
even when we got mad and misused her
she would hang her head and look away
15 waiting for better spirits better times
to come by. We all knew she was something—
she was wonderful and beautiful though
she always wore baggy old clothes
put aside her womanly beauty as she put aside her youth
20 she never cared about that, she just cared about us
she was always there when anybody
wanted a sandwich wanted a drink
wanted an answer or just plain love.
Dad had her wrestling with wrenches,
25 bleeding the brakes, spotting the truck—
she let her garden go to ruin for this
she was just there as selfless and changeless
as the spring rain or the southeast wind
she was there so long we forgot she was there
30 and then when we had gone long beyond
the time when we could think of her any way else
this selfless thing who just gave and gave
without any warning at all
she said enough of this
35 dyed her hair red
bought a car of her own that worked
moved upstairs to her own place
and took up art again
teaching me my greatest lesson about human nature:
40 you can never depend on it.

OVER

PART D: READING: FICTION (PROSE)

INSTRUCTIONS: Read the following selection and answer the questions on pages 8 and 9 in the examination booklet.

And on the Eighth Day...

by Lois Wyse

(adapted)

- 1 Tony was the one child his parents never could understand. The two girls? Easy. One became a housewife and the other became a hotshot career lady. Mama and Papa had no trouble with either.
- 2 But Tony?
- 3 Tony never worked seriously at anything. Part-time here for a few dollars, full-time there for a few weeks. He didn't like work, so why bother? Instead, long after his contemporaries had left their hippie lives, Tony was still dropping out. He floated around the world, picked up a job here or there and managed to stay warm and dry. At least no one in the family heard otherwise.
- 4 And then one day his sister Gerry got the call.
- 5 "Hi, Gerry. This is Tony."
- 6 It had been so long, and her brother was so far from her everyday thinking, that she immediately answered, "Tony who?"
- 7 "Tony, your brother."
- 8 "What's wrong?" she asked.
- 9 Tony laughed. He knew the family couldn't exactly think the best of anything if he called. Indeed, the last time Gerry had seen Tony was at their mother's funeral three years earlier. "Nothing's wrong," he assured her, "but I need some help. My apartment is going co-op, and I can get a lot of money for it if I buy it now and then sell it in a few months. Want to invest and be my partner?"
- 10 Gerry, the career sister, said, "Sure. But let's see each other."
- 11 Gerry called Penny, the housewife sister, and she called her father. They had dinner at Penny's house, and Papa asked the same old question: "So? You have a job yet?"
- 12 "Not exactly," Tony answered, "but I have to be in the city for a while until my apartment goes co-op."
- 13 "Will you work?" Penny wondered aloud.
- 14 "When I have to," Tony answered in his familiar, cavalier way.

- 15 Two weeks later, Gerry was having dinner with one of her oldest friends, Veronica, a corporate strategist. "I am in a real jam," Veronica admitted.
- 16 Gerry smiled. She was accustomed to Veronica's jams. It could be something as major as too little time for a project or something as minor as new pantyhose. But this time she really was in a jam. Veronica had bought a new house and had to go out of town. She didn't have anyone to go over those finishing items that mean a house is really done, and the contractor can be paid the final payment.

- 17 Gerry had an idea. "I'll get my brother."
- 18 "I didn't even know you had a brother."
- 19 "Sometimes I don't. But he has to be in town for a while, so I'm sure he'd be glad to do this for you. He's been a sailor. He knows his way on ships, so he must know how to deal with carpenters and plumbers and painters."
- 20 And he did.
- 21 In fact, Tony did such a good job that Veronica called Gerry when she returned from her trip and said, "Your brother is fabulous."
- 22 "Nice maybe," Gerry admitted grudgingly, "but no one has ever called my brother fabulous."
- 23 "He is," Veronica said. "He's so good I'm going to send him to my friend Prudence. She's a lawyer who's been buying property, and she needs somebody to do some work in her house and work on her other houses."
- 24 "Good luck," Gerry said. What had she started?
- 25 When Tony walked into Prudence's house, he took one look at Prudence and fell in love. Tony, age forty-six, never married and rarely employed, had fallen in love at first sight with an overachiever. She was a woman who'd put herself through law school, scrambled her way through prestigious law firms, hoarded her pennies and was now preparing for her old age by buying houses.
- 26 "I love you," Tony declared.
- 27 "First fix the molding," Prudence instructed.
- 28 Tony went to work that morning and managed to stretch a two-hour job into an eight-hour job. By five he still wasn't finished.
- 29 When Prudence came home, she was a bit agitated. "You're not finished, and I'm having a dinner party."
- 30 "Good, I'll stay for the party," he offered.
- 31 "No." Prudence was adamant. "You cannot come to my party." What was she to do? Say to her influential guests, "Here's the plasterer. He couldn't finish the job, so he stayed for dinner"?
- 32 "I can't come to the party? Okay," Tony shrugged, "but I won't leave you. I'll wait in the bathtub until they leave."
- 33 "You're crazy," Prudence said.
- 34 "I know," Tony agreed. "Crazy in love."
- 35 Prudence giggled. There were worse things in life than a man in your bathtub.
- 36 A week later Veronica called Gerry. "Listen," she said. "Prudence is falling in love with your brother, and your brother has no visible means of support. Prudence cannot love anyone who doesn't accomplish something. Think about it. It's going to be an absolute disaster. We have to do something."
- 37 Gerry called Tony. "What's going on?"

OVER

38 “I’m in love,” he sighed.

39 “So I understand,” she replied crisply. “This requires some conversation.”

40 They met in a Chinese restaurant, and Tony babbled on and on about his love.

41 When the fortune cookies arrived, Gerry put her hand on the first one. “I’ll tell you what yours says,” she said. Without opening the cookie, she said in a sing-song voice, as if she were reading from the little paper inside the cookie, “You will be a contractor. You will do very well. You will be able to get married.”

42 “I get the picture,” her brother answered. His apartment sold that week, and he had a lot of money for the first time in his life. He paid Gerry for her share of the investment, and he called Prudence. “I’ve got a case upstate,” she told him. “I’ll be back in a week, but I have good news. I bought another building, and I can give it to you for renovation. We have to meet in eight days with the new management group.”

43 “Okay,” he agreed, but there was uncertainty in his tone. He put the phone down, and instead of running out to buy a suit and tie, Tony hurried down to the docks, bought a boat and set sail for the tieless, briefcaseless, easy life he’d been waiting to afford.

44 For seven days he let the wind lead him, and then on the eighth day he felt disquiet. That was when he knew he had a decision to make. He truly loved Prudence. He truly loved the sea. Which was it to be? But even as he was weighing his choices, he sensed the answer.

45 The sea would be there forever.

46 Prudence would not.

47 So, on the ninth day, Tony turned sail and went back to port.

48 “Gerry,” he announced, “I’m back, and Prudence and I are getting married.”

49 “Think you can handle it at forty-six? I mean never having been married before—”

50 “I think so,” he said solemnly. “Now I’m going to tell Dad.”

51 At eighty-six, Tony’s father didn’t even have to meet Prudence to give his blessing. “Listen, you want to get married, I’ll walk down the aisle. I’ll push you toward the altar. Just go and do it.”

52 And so Tony, the seafaring brother with no work habits, married Prudence, the woman of responsibility.

53 On the first anniversary of Tony and Prudence’s marriage, Veronica and Gerry, the two matchmakers, went to lunch.

54 “What does she say?” Gerry asked.

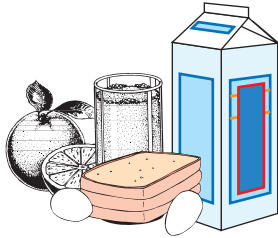
55 “Prudence is the happiest woman in town,” Veronica announced.

56 “Why not?” Gerry asked. “Do you know he now has a huge contracting business and fifty-one employees? Do you realize, Veronica, that because of the love of one woman there are fifty-one people who now have terrific jobs? You see, love can make anything happen.”

57 “Provided there are two women in the background like us,” Veronica announced as she raised her glass.

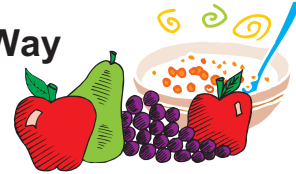
PART E: FORMATS

INSTRUCTIONS: Read the following selection and answer the questions on pages 10 and 11 in the examination booklet.



Start Your Day the Balanced Way

(adapted)



Break your fast with a nutrient-packed meal that provides about 25% of your daily energy and nutritional needs.

Try to include foods from at least three of the four food groups in *Canada's Food Guide to Healthy Eating*.

A balanced breakfast can be as fast and easy as a bowl of cereal with milk and a glass of juice, or a slice of pizza with a glass of milk and a piece of fruit, or a microwave-cooked egg with toast and a glass of juice.

Getting children to eat breakfast regularly sets the stage for a lifetime of healthy eating habits.

Parents can set a good example by eating a balanced breakfast with their children whenever possible.

Breaking the Fast

Having something to eat soon after you wake provides the energy and nutrients you need to take on the physical and mental challenges of the day ahead.

After eight or more hours without eating, your blood sugar level is low. Eating soon after waking satisfies hunger but also helps improve concentration and mental alertness.

Eating breakfast has been shown to help improve learning and school performance in children.

To Skip or Not To Skip

Breakfast is the meal that's most often missed.

People who skip breakfast rarely make up for the nutrients they missed at breakfast later in the day.

Children and adults who eat breakfast on a regular basis have been found to have healthier

weights and a healthier lifestyle than those who skip breakfast.

What if You Don't Feel Like Eating When You First Wake Up?

If you don't feel hungry when you wake up, it may be that you ate too much before going to sleep. In this case, you may want to try eating more food earlier in the day when your body is more active.

But if you simply can't face food first thing in the morning, try easing into it. Having a small, nutritious snack mid-morning is better than having nothing at all.

What About Caffeine?

Moderate consumption of caffeine has not been proven to cause health problems. According to Health Canada's nutrition recommendations, intakes of 400 to 450 mg of caffeine a day (3 to 4 cups of coffee or tea) are okay. Be sure that beverages containing caffeine don't displace more nutritious drinks such as milk, juice or water.

| Stimulating Content | |
|--|----------------|
| Caffeine Contained in Common Beverages (175 mL) | |
| | Caffeine |
| Coffee, automatic percolated | 72 to 144 mg |
| Coffee, filter drip | 108 to 180 mg |
| Coffee, instant, regular | 60 to 90 mg |
| Coffee, instant, decaffeinated | less than 6 mg |
| Tea, weak | 18 to 24 mg |
| Tea, strong | 78 to 108 mg |
| Hot cocoa | 6 to 30 mg |
| Cola soft drink, half 355 mL can | 14 to 32 mg |

ACKNOWLEDGEMENTS

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